



Unlearning Racism: The Color of Fear
A Workshop to facilitate valuing Diversity: Race and Ethnicity



Who should attend: Adults and senior high youth who would like to gain understanding and skills in addressing the racism that affects us all.

Sponsored by: Cedarburg Community United Methodist Church (CUMC) Christian Outreach Committee

What:

1. The workshop will run from 8:00 – Noon, including one break. There are no fees to attend this workshop.
2. Child care will be provided. Please provide a count of children needing care when making reservations.
3. Lunch will be provided immediately following the workshop. A free will offering will be accepted.

When: Saturday, October 15, 8:00 a.m. – noon

How: Call the CUMC office to make reservations at 1-262-377-3832, deadline to sign up is Monday, October 10.

Where: CUMC, W68 N563 Evergreen Blvd, Cedarburg, WI 53012

Co-Facilitators: Revs. Deborah Thompson and Joan Deming. Deborah is a pastor of Greenfield: Christ United Methodist Church, and Joan is the Development Director for Middleton Outreach Ministry, a social service ecumenical ministry serving Middleton and west Madison, Wisconsin. Since 2002, they have facilitated Unlearning Racism workshops in all four regions of the Wisconsin Conference United Methodist Church and for local churches and other groups in the Milwaukee and Madison areas.

Workshop Description: Unlearning Racism workshops provide a forum for participants to discover conscious and unconscious ways that racism has affected their lives. This powerful program is experientially based and designed to foster a deeper understanding and appreciation of differences. Participants explore personal perceptions and issues concerning race, conflict, and internalized racism. This 4 hour workshop includes the viewing and discussion of the 90 minute film of *The Color of Fear*, a section of which was shown by Rev. Grace Imathiu at Annual Conference in 2002.

The Color of Fear is a documentary filmed by Lee Mun Wah – a community therapist, diversity trainer, and Chinese American – when he brought together nine men of various races and cultures for a weekend of dialogue. The film is strong and thought-provoking, compelling many of its viewers to discuss its content for months after viewing it.

In this workshop we will have the opportunity to talk about our reactions to *The Color of Fear* and our own experiences of racism, and to learn from each other what it is like to live in our respective skins. Our goal includes starting more honest conversations about race in a context of genuine interest and commitment to hearing, so that we can increase the quality of relationships in our communities, our churches, and our homes. The workshop will end with a time to consider next steps the church and individuals can take to continue “unlearning racism.”